

ST MARY DE CASTRO: SUNG MASS ON SUNDAY 22 JUNE
THANKSGIVING FOR THE INSTITUTION OF HOLY COMMUNION - CORPUS CHRISTI

WELCOME

We would like to extend a warm welcome to all visitors to St Mary's. If you are a baptized member of the Church of England, or of any other Church that subscribes to the doctrine of the Holy Trinity, you are very welcome to receive communion this morning. If you do not wish to take communion, but would like to receive a blessing, please come forward and cross your arms over your chest.

THE PREPARATION

The organ will start to play from five minutes before the start of the service. During this time the following may help members of the congregation with their preparation.

Collect for Purity: Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of my heart by the inspiration of thy Holy Spirit, that I may perfectly love thee, and worthily magnify thy holy name; through Christ our Lord. Amen.

What happens during the Mass is not a re-enactment of the Last Supper as if it were a play on a stage; to the contrary, it is an actualisation of past events.

*from Cosima Clara Gillhammer, **Light on Darkness: The Untold Story of the Liturgy**, 2025*

INTROIT HYMN

At the entry of the Altar Party all STAND and sing the Introit Hymn. If you are able, please remain standing until the first reading.

NEH 78

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|--|--|
| 1. SING, my tongue, the glorious battle,
Sing the ending of the fray,
O'er the cross, the victor's trophy,
Sound the loud triumphant lay:
Tell how Christ, the world's Redeemer,
As a Victim won the day. | 4. Thirty years among us dwelling,
Now at length his hour fulfilled,
Born for this, he meets his Passion,
For that this he freely willed,
On the Cross the Lamb is lifted,
Where his life-blood shall be spilled. |
| 2. God in pity saw man fallen,
Shamed and sunk in misery,
When he fell on death by tasting
Fruit of the forbidden tree:
Then another tree was chosen
Which the world from death should free. | 5. To the Trinity be glory,
To the Father and the Son,
With the co-eternal Spirit,
Ever Three and ever One,
One in love and one in splendour,
While unending ages run. Amen. |
| 3. Therefore when the appointed fulness
Of the holy time was come,
He was sent who maketh all things
Forth from God's eternal home:
Thus he came to earth, incarnate,
Offspring of a maiden's womb. | |

THE GREETING

Priest ✠ In the name of the Father, and of the Son, and of the Holy Spirit.
All Amen.

Priest The Lord be with you
All and with thy spirit.

THE PENITENTIAL RITE

Priest My brothers and sisters,
as we prepare to celebrate the presence of Christ
in word and sacrament, let us call to mind
and confess our sins.

All Almighty God, our heavenly Father,
we have sinned against thee
and against our neighbour,
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are heartily sorry and repent of all our sins.
For the sake of thy Son Jesus Christ,
who died for us, forgive us all that is past,
and grant that we may serve thee in newness of life
to the glory of thy name. Amen.

THE ABSOLUTION

Priest Almighty God,
who forgives all who truly repent,
✠ have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
All Amen.

KYRIE ELEISON (SUNG)

All Kyrie, eleison. Kyrie, eleison. Kyrie, eleison.
Christe, eleison. Christe, eleison. Christe, eleison.
Kyrie, eleison. Kyrie, eleison. Kyrie, eleison.

(Lord, have mercy.)
(Christ, have mercy.)
(Lord, have mercy.)

GLORIA IN EXCELSIS (SUNG)

Priest Glory be to God on high,
All and in earth peace, good will towards men.

We praise thee, we bless thee,
we worship thee, we glorify thee,
we give thanks to thee for thy great glory,
O Lord God, heavenly King,
God the Father almighty.

O Lord, the only-begotten Son Jesu Christ:
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world,
have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.

For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
art most high
✠ in the glory of God the Father.
Amen.

THE COLLECT

Priest Let us pray.
Lord Jesus Christ, we thank thee that in this wonderful sacrament thou hast given us a memorial of thy passion: grant us so to reverence the sacred mysteries of thy body and blood that we may know within ourselves and show forth in our lives the fruits of thy redemption; who livest and reignest with the Father in the unity of the Holy Spirit, one God, now and for ever.

All Amen.

THE LITURGY OF THE WORD

FIRST READING

SIT
A reading from the book of Genesis (Genesis 14. 18-20)

King Melchizedek of Salem brought out bread and wine; he was priest of God Most High. He blessed him and said, 'Blessed be Abram by God Most High, maker of heaven and earth; and blessed be God Most High, who has delivered your enemies into your hand!' And Abram gave him one-tenth of everything.

This is the word of the Lord.

All Thanks be to God.

THE PSALM (SUNG)

Psalm 116. 11-16

What reward shall I | give un-to the | Lord : for all the benefits that | he hath | done unto | me?

I will receive the | cup of sal- | vation : and | call up-on the | Name of the | Lord.

I will pay my vows now in the presence of | all his | people : right dear in the sight of the | Lord is the | death of his | saints.

Behold O Lord how that | I am thy | servant : I am thy servant and the son of thine handmaid; thou hast | broken my | bonds in | sunder.

I will offer to thee the | sacri-fice of | thanks-giving : and will | call up-on the | Name of the | Lord.

I will pay my vows unto the Lord, in the sight of | all his | people : in the courts of the Lord's house, even in the midst of thee O Jerusalem | Praise | — the | Lord.

SECOND READING

A reading from the first letter of Paul to the Corinthians (1 Corinthians 11. 23-26)

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you. Do this in remembrance of me.' In the same way he took the cup also, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

This is the word of the Lord.

All Thanks be to God.

GRADUAL HYMN

STAND

NEH 90

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|---|--|
| 1. O SACRED head, sore wounded,
Defiled and put to scorn;
O kingly head, surrounded
With mocking crown of thorn:
What sorrow mars thy grandeur?
Can death thy bloom deflower?
O countenance whose splendour
The hosts of heaven adore. | 3. My days are few, O fail not,
With thine immortal power,
To hold me that I quail not
In death's most fearful hour:
That I may fight befriended,
And see in my last strife
To me thine arms extended
Upon the Cross of life. |
| 2. In thy most bitter passion
My heart to share doth cry,
With thee for my salvation
Upon the Cross to die.
Ah, keep my heart thus movèd
To stand thy Cross beneath,
To mourn thee, well-belovèd,
Yet thank thee for thy death. | |

Priest The Lord be with you

All and with thy spirit.

Priest Hear the Gospel of our Lord Jesus Christ according to John (John 6. 51-58)

All ✠ **Glory be to thee, O Lord.**

Jesus said to the Jews: 'I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

Priest This is the Gospel of the Lord.

All **Praise be to thee, O Christ.**

HOMILY

SIT

A homily may be preached.

THE NICENE CREED (SUNG)

STAND

Priest I believe in one God,

All **the Father almighty,
maker of heaven and earth,
and of all things
visible and invisible:**

**And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father,
by whom all things were made;
who for us men and for our salvation
came down from heaven, (*Genuflect or bow*)**

and was incarnate by the Holy Ghost of the Virgin Mary,

and was made man, (*Stand*)

and was crucified also for us under Pontius Pilate.

**He suffered and was buried,
and the third day he rose again
according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father.**

/continued ➡

And he shall come again with glory
to judge both the quick and the dead:
whose kingdom shall have no end.

And I believe in the Holy Ghost,
the Lord, the giver of life,
who proceedeth from the Father and the Son,
who with the Father and the Son together
is worshippèd and glorified,
who spake by the prophets.
And I believe one holy catholic and apostolic Church.
I acknowledge one baptism for the remission of sins.
And I look for the resurrection of the dead,
✠ and the life of the world to come.
Amen.

PRAYERS OF INTERCESSION

KNEEL OR SIT

Priest Let us pray.

After each intention the following responses may be used:

Lord, in thy mercy

All hear our prayer.
(or)

Lord, hear us.

All Lord, graciously hear us.

And at the end:

Priest Merciful Father,

All accept these prayers
for the sake of thy Son,
our Saviour Jesus Christ. Amen.

THE LITURGY OF THE SACRAMENT

THE PEACE

STAND

This, or another suitable preface to the peace is said:

Priest Christ is our peace.

He has reconciled us to God in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you

All and with thy spirit.

Priest Let us offer one another a sign of peace.

All may exchange a sign of peace.

THE OFFERTORY

During the Offertory Hymn, the gifts of the people are gathered and presented in the Collection.

NEH 104

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|---|---|
| 1. AT the Lamb's high feast we sing
Praise to our victorious King:
Who hath washed us in the tide
Flowing from his pierced side;
Praise we him whose love divine
Gives the guests his blood for wine,
Gives his body for the feast,
Love the Victim, Love the Priest. | 3. Mighty Victim from on high,
Powers of hell beneath thee lie;
Death is broken in the fight,
Thou hast brought us life and light.
Now thy banner thou dost wave,
Conquering Satan and the grave.
See the prince of darkness quelled;
Heaven's bright gates are open held. |
| 2. Where the Paschal blood is poured,
Death's dark angel sheathes his sword;
Israel's hosts triumphant go
Through the wave that drowns the foe.
Christ, the Lamb whose blood was shed,
Paschal victim, Paschal bread!
With sincerity and love
Eat we Manna from above. | 4. Paschal triumph, Paschal joy,
Only sin can this destroy;
From sin's death do thou set free,
Souls re-born, dear Lord, in thee.
Hymns of glory, songs of praise,
Father, unto thee we raise.
Risen Lord, all praise to thee,
Ever with the Spirit be. |

As each element is received the following may be said:

Priest Blessed art thou, Lord God of all creation:
through thy goodness we have this bread to set before thee,
which earth hath given and human hands have made.
It will become for us the bread of life.

All **Blessed be God for ever.**

Priest Blessed art thou, Lord God of all creation:
through thy goodness we have this wine to set before thee,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

All **Blessed be God for ever.**

Priest Pray, my brothers and sisters, that my sacrifice and
yours may be acceptable to God, the almighty Father.

All **May the Lord accept the sacrifice at thy hands,
to the praise and glory of his Name,
for our good and the good of all his Church.**

The priest says the Prayer over the Gifts, to which all reply: Amen.

THE EUCHARISTIC PRAYER

REMAIN STANDING

The Sursum Corda

Priest The Lord be with you

All and with thy spirit.

Priest Lift up your hearts.

All We lift them up unto the Lord.

Priest Let us give thanks unto the Lord our God.

All It is meet and right so to do.

The Preface

Priest It is very meet, right and our bounden duty,
that we should at all times, and in all places,
give thanks unto thee,
O Lord, holy Father,
almighty, everlasting God,
through Jesus Christ thine only Son our Lord.

A Proper Preface may be used when appropriate. The priest then concludes with:

Therefore with angels and archangels,
and with all the company of heaven,
we laud and magnify thy glorious Name,
evermore praising thee and singing:

All *(Sung)* Holy, holy, holy Lord God of hosts,
Heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.
✠ Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

KNEEL OR SIT

The priest recites the Eucharistic prayer. A bell signals the elevation of the consecrated bread and wine, at which all may make the sign of the cross.

After the elevation of the consecrated wine, the following acclamation is said:

Priest Great is the mystery of faith.

All Christ has died: Christ is risen: Christ will come again.

The priest continues the Eucharistic Prayer, concluding with:

by whom and with whom, and in whom,
in the unity of the Holy Spirit, all honour and glory be unto thee,
O Father almighty, world without end.

All Amen.

THE LORD'S PRAYER (SUNG)

Priest As our Saviour Christ hath commanded and taught us, we are bold to say:

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

BREAKING OF THE BREAD

Priest We break this bread to share in the body of Christ.

All Though we are many, we are one body,
because we all share in one bread.

AGNUS DEI (SUNG)

All O Lamb of God,
that takest away the sins of the world,
have mercy upon us.

O Lamb of God,
that takest away the sins of the world,
have mercy upon us.

O Lamb of God,
that takest away the sins of the world,
grant us thy peace.

GIVING OF COMMUNION

The priest invites the people to communion:

Priest Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

All Lord, I am not worthy that thou shouldest come under my roof,
but speak the word only and my soul shall be healed.

*Communion is administered in both kinds (bread and wine). If you do not wish to receive wine from the common cup, please leave the altar rail immediately after you have consumed the bread.
Please note that intinction (dipping the wafer into the consecrated wine) is not permitted.*

Words of distribution are used to which the communicant replies: Amen.

During the giving of communion the choir will sing the following hymn. Members of the congregation are invited to join in if they wish.

NEH 307

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|--|---|
| 1. SWEET Sacrament divine,
Hid in thine earthly home,
Lo, round thy lowly shrine,
With suppliant hearts we come;
Jesu, to thee our voice we raise
In songs of love and heartfelt praise:
Sweet Sacrament divine. | 3. Sweet Sacrament of rest,
Ark from the ocean's roar,
Within thy shelter blest
Soon may we reach the shore;
Save us, for still the tempest raves,
Save, lest we sink beneath the waves:
Sweet Sacrament of rest. |
| 2. Sweet Sacrament of peace,
Dear home for every heart,
Where restless yearnings cease
And sorrows all depart;
There in thine ear all trustfully
We tell our tale of misery:
Sweet Sacrament of peace. | 4. Sweet Sacrament divine,
Earth's light and jubilee,
In thy far depths doth shine
The Godhead's majesty;
Sweet light, so shine on us, we pray
That earthly joys may fade away:
Sweet Sacrament divine. |

POST COMMUNION PRAYER

KNEEL OR SIT

Priest Let us pray.

All praise be to thee, our God and Father, for that thou hast fed us with the bread of heaven and hast quenched our thirst from the true vine: grant that we, being grafted into Christ, may grow together in unity and be partakers of his heavenly feast; through Jesus Christ our Lord.

All Amen.

Priest Almighty God,

All we thank thee for feeding us
with the body and blood of thy Son Jesus Christ.
Through him we offer thee our souls and bodies
to be a living sacrifice.
Send us out in the power of thy Spirit
to live and work to thy praise and glory. Amen.

POST COMMUNION HYMN

STAND

NEH 413

1. NOW thank we all our God,
With heart and hands and voices,
Who wondrous things hath done,
In whom his world rejoices;
Who from our mother's arms
Hath blessed us on our way
With countless gifts of love,
And still is ours to-day.
2. O may this bounteous God
Through all our life be near us,
With ever joyful hearts
And blessed peace to cheer us;
And keep us in his grace,
And guide us when perplexed,
And free us from all ills
In this world and the next.
3. All praise and thanks to God
The Father now be given,
The Son, and him who reigns
With them in highest heaven,
The One eternal God,
Whom earth and heaven adore;
For thus it was, is now,
And shall be evermore. Amen.

THE DISMISSAL

Priest The Lord be with you
All and with thy spirit.

Priest The blessing of God almighty,
✠ the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
All Amen.

Priest Go in peace to love and serve the Lord.
All In the name of Christ. Amen.

THE ANGELUS (SUNG)

Priest The Angel of the Lord brought tidings to Mary
All and she conceived by the Holy Ghost.

Priest Hail Mary, full of grace, the Lord is with thee:
blessed art thou among women and blessed is the fruit of thy womb, Jesus.
All Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Priest Behold the handmaid of the Lord:
All Be it unto me according to thy word.

Hail Mary...

Priest (*Genuflect or bow*) And the Word was made flesh:
All and dwelt among us. (*Stand*)

Hail Mary...

Priest Pray for us, O Holy Mother of God,
All that we may be made worthy of the promises of Christ.

Priest Pour forth thy grace into our hearts, we beseech thee, O Lord,
that as we have known the Incarnation of thy Son Jesus Christ by the message of an angel,
so by his ☩ Cross and Passion we may be brought unto the glory of his Resurrection;
through the same Jesus Christ our Lord.
All Amen.